

What's on in Brent – August 2018 and beyond -- [CLICK HERE](#) for most recent update

What's on in Brent – Events in August 2018 and beyond:- [CLICK HERE](#) if you have difficulty in reading the MailChimp version, or to see, download or print out a better formatted, updated .pdf version.

THIS MONTH'S QUICK LINKS IN THE VILLAGE (*Click on the underlined text on this page to go straight to the item*):

- South Brent & District Caring [Charity Quiz Night](#)
- [Sustrans led Two Rivers Challenge guided Bike Ride](#)

EARLY SEPTEMBER:

- PanGottic – presents 'Long Shot' – [a show for all ages](#)

OTHER EVENTS IN THE LOCAL AREA

- Dr Sarah Wollaston [Question & Answer](#) session on 'Brexit' in Totnes
- [Dartington Summer School and Festival of Music courses concerts and events](#)
- [Ugborough 'Bells in Bloom' Flower Show](#)
- [Community Arts events and live Jazz in Ashburton](#)
- [Monthly Makers' Market in Ashburton](#)
- [Totnes Community Carnival](#)
- [Rattery Garden Show and Sports](#)
- [Dartmoor Walking Festival](#)
- [Ermington & Ugborough 'Sustainable Saturdays'](#)
- [Ivybridge U3A general meeting – 'Our Beautiful Planet'](#)

REGULAR CLASSES & SESSIONS IN SOUTH BRENT:

- **Community Choirs:** [Wild Harmony](#) (*Autumn arrangements and new dates*) and [Brent Singers](#)
- South Brent & District Caring [Coffee mornings](#) and [Lunch Club](#)
- [Memory Café](#) & [Carers Support Group](#)
- 'Spinning Tots' (*NEW*); [Drama Club for Young People](#); [WI](#); [Walk & Talk](#); [Breton Dance](#); [Life Drawing](#) and [Wood Carving](#); [Water colour painting](#); [Drop-in Kitchen Table Art Workshops](#) plus 'Arts Lab'; [5 Rhythms dance](#); [Yoga](#) and [Chair Yoga](#); [Children's yoga & mindfulness](#); [Pilates](#); [New Pilates Class](#); [Walk and Talk](#); [Wadoryu Karate Classes](#); [Children's Martial Arts](#); [South Brent COOL Help and Hope Group](#); 'Messy Church'; [Churches Together 'Open House'](#); [Meditation group](#). [South Brent Runners](#); [Coming soon - Rainbow Tai Chi classes](#)
- [Old School Community Centre Corridor Gallery](#)
- [South Brent Rec.: Table tennis, Bingo, Lottery; South Brent Cricket Club](#)

VILLAGE PUBS

NEWS:

- Free IT skills sessions [restarting](#) in the Autumn
- [Sweeney Toddlers playgroup starting in the Autumn](#)
- [Choose](#) your Co-op Community Fund cause:
 - South Brent & District Caring
 - The Old School Community Centre
 - Palstone Park Recreation Centre

NB.: *Some items are grouped together and so not all items are in chronological order*

- *Lightly shaded events or information have been added or amended in 'What's on' since the last mailout.*
- *Where future dates in a series (e.g. Village Hall Cinema or bike rides) have been included for your diaries, they are in a lighter print to make it easier to scroll current events.*
- *Any underlining should be active [hypertext](#) links to additional external information.*
- *The information is correct to the best of our knowledge but **please check** if you plan to attend.*

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- **Friday 10 August 2018: Charity Quiz night** in aid of [South Brent & District Caring](#) at 7.30 for 8.00pm start in the [Old School Community Centre](#). With rounds from Graham 'legend in his own lunchtime' Jordan and [SB&DC's](#) Jane Sullivan. Come as a team or on your own. There will be a bar and a raffle. Entry £1 per person. FFI tel. 01364 700282 or email info@sbadc.org.uk. See [website](#) or [Facebook event](#).



Sunday 26 August 2018: Two Rivers Challenge Guided Bike Ride from 9.30am to 3:00pm. This is no ordinary cycle ride as you will need to bring flip-flops and be prepared to ford a river and cross a sand bar! Join [Sustrans](#) and [PL21 Transition Town Initiative](#) for a guided bike ride to discover some of South Hams beautiful countryside and coastline. Leaving from the [Watermark Centre](#), Leonards Road, **Ivybridge** PL21 0SZ at 9.30am, the 25 mile circular ride will follow National Cycle Route 28 and similar quiet rural lanes and roads, passing through small hidden villages and an Area of Outstanding Natural Beauty. We'll cycle along a tidal road and cross an estuary at low tide. This circular ride starts in Ivybridge and will follow rural lanes passing through an Area of Outstanding Natural Beauty. We'll be using National Route 28 and similar quiet roads to enjoy the countryside and coastline and stopping for refreshments en-route. The route is of moderate difficulty and a short length will also include an unmade road where walking may be necessary. For this ride we recommend bikes should be cross-country or similar type and e-bikes are not suitable. The ride is suitable for children age 14 years and over provided they are supervised by their parents. For more details and to register for the ride, go to www.sustrans.org.uk/events/sustrans-two-rivers-challenge-guided-bike-ride-ivybridge-devon. Subsequent [Sustrans](#) led bike rides (more details to follow) on:



Wednesday 5 September 2018: Evening ride from **South Brent**



Sunday 28 October 2018: Dartmoor Way ride

Details of rides are posted on the [Sustrans](#) website - www.sustrans.org.uk/. FFI please contact Graham Wilson - grahamwilson200@gmail.com. NB. [Sustrans](#) are also seeking more volunteer ride leaders locally see: www.sustrans.org.uk/volunteer/get-involved/vacancies/volunteer-ride-leader-south-devon.

Remember you can also arrange a free loan of a bike from the [SSB](#) Bike Bank, on a first come basis (For information about the Bike Bank [click here](#) or [download registration form](#).)

AND BEYOND AUGUST (future dates for your diaries):

- **Saturday. 1 September 2018: PanGottic**, in conjunction with [Villages in Action](#) / [Carn to Cove](#), presents '**Long Shot**' at 7.30pm in **South Brent Village Hall**. [PanGottic](#) is an award-winning company co-founded by Matt Pang, performing a mix of street theatre, circus and indoor shows. [Long Shot](#) is a one man show for families and adults of any age about juggling, inventions, and the risk of failure. Join us for a catapultastic evening of clowning, contraptions, comedy and courage, as one man's belief in the near impossible is put to the test. Long Shot will have you on the edge of your seat -or hiding behind it! Tickets at £9 Adult / £7 Child / £25 family available from [artworks](#), or [click here](#) to book via Villages in Action. See: <http://pangottic.com/>.

South Brent Refugee Support Network:

- **Tuesday 4 September; South Brent Refugee Support Network** meeting at 7.30pm in the Aune Room at the [Old School Community Centre](#). **South Brent Refugee Support Network** is a forum to share ideas and find out more about supporting refugees locally and globally. Open to anyone interested in discussing issues, planning events, fund raising or responding to the current refugee situation. For further info about how to get involved or to go on the newsletter list, please contact Jude on 01364 72458 or email jude.bishop@icloud.com.

Subsequent **South Brent Refugee Support Network** meetings will be held on

- **Tuesday 6 November 2018**

South Brent Refugee Support Network also organises or supports various other local refugee related events including a second great **Classical Concert evening** on **Saturday 27 October 2018** (see [below](#))

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- **Saturday 8; Sunday 9; Friday 14; Saturday 15; Sunday 16; Saturday 22; Sunday 23 September 2018:** [Sue Ifould](#) is holding an **Open Studio** between **11am and 6pm** at **Jam Cottage, Stockbridge Lane, South Brent**. Please call in. Lively, expressive paintings in various media featuring the rivers and moor around South Brent. See: www.ifould.co.uk/.

- **Saturday 15 September 2018:** (*postponed from Sunday 8 July 2018*) **Annual Family Fun Dog Show** from **12-3pm** at Palstone Park Recreation Ground. [South Brent & District Caring](#) are excited to be hosting a fun and entertaining afternoon for all the family with stalls (including an [SSB](#) stand), refreshments, BBQ and of course a raffle! Eight fun dog classes for all to enter (£1 per entry per class) – all dogs must be on a lead and are the responsibility of the owner. Do come along and support [SB&DC](#) - there's lots of fun to be had for all. If you would like further information on how you could get involved, please get in touch with Jane or Viv on 01364 700282, email info@sbadc.org.uk, or pop in to the 'Caring office' or see sbadc.org.uk/2018-fundraising-programme/.

[South Brent Village Hall Cinema:](#)

- **Sunday 16 September 2018:** ['Phantom Thread'](#) (2018) [Cert 15] Set in the glamour of 1950s post-war London, renowned dressmaker Reynolds Woodcock and his sister Cyril are at the centre of British fashion. Women come and go through Woodcock's life, providing the confirmed bachelor with inspiration and companionship, until he comes across a young, strong-willed woman, Alma, who soon becomes a fixture in his life as his muse and lover. Once controlled and planned, he finds his carefully tailored life disrupted by love. Directed by Paul Thomas Anderson; Cast - Daniel Day-Lewis (his swan song), Vicky Krieps, Lesley Manville.
Tickets on the door: £4 adult, child £2; doors open at 7.00pm for 7.30pm start. Bar opens 30mins before showings. Children under 16 must be accompanied by an adult.
Future [South Brent Village Hall Cinema](#) to be confirmed (? **Sunday 21 October 2018**). If you would like to help run Village Hall Cinema Society raising funds for South Brent Village Hall, please let Jude at jude.bishop@icloud.com or Mandy Haley on 01364 73809, or the [Village Hall Committee](#) know.

[South Brent W.I.:](#)

No meeting in August:

Subsequent WI meetings:

- **Tuesday 18 September 2018:** 'One woman, One Harem, and One thousand cows' – a talk by Jane Brunt
 - **Tuesday 16 October 2018:** – a talk by Martin Pepper, Head Gardener at Coleton Fishacre
 - **Tuesday 20 November 2018:** - A romp through four decades of Blue Peter - a talk by Alex Leger
- South Brent WI is an active, friendly group of women who enjoy a wide variety of activities and social experiences. If you have thought about joining us, come along and meet us – your first evening is free; new members and friends are always welcome. Members are free; we ask guests for a £4.00 contribution. Meetings are normally held from **7.15 to 9.30pm** on the 3rd Tuesday of each month, except August, in the [Old School Community Centre](#), South Brent. There is a WI notice board next to the florists in the centre of the village with details of each WI meeting. FFI contact Mary Shepherd via mjsassociates@btinternet.com or see the [South Brent Community web site](#).

- **Tuesday 18 September 2018:** **Carnival Bingo** at South Brent Village Hall in aid of [South Brent Carnival Club](#)- eyes down at 7.30pm. FFI on Carnival events, contact Jean Cleave, South Brent Carnival Secretary, Middle Stidston, South Brent - email: jean@cleave.entadsl.com; tel: 01364 73292; mob: 07973 443318 or see <http://southbrentcarnival.org.uk/> or [Facebook](#).

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- Provisional - TBC: **Wednesday 26 September 2018: Dying Matters Café** from 7:30 - 9:00pm in the Beacon Room in the [Old School Community Centre](#). This is an opportunity to talk in a relaxed setting about death and dying, a topic that affects us all. Please note that this is not a bereavement support or therapy group. The session is facilitated to enable open conversation. All are welcome to join us, even if you have not attended previously. Tea and cake provided. Meeting is free but donations of £2 welcome to cover costs. If you are interested and would like to know more first, please call Jude 01364-72458 or email jude.bishop@icloud.com.*
- Friday 28 September 2018: The World's Biggest Coffee Morning** for [Macmillan Cancer Support](#), in the [Old School Community Centre](#) between 10.00 and 12.00. Part of Macmillan's '[Biggest Coffee Morning in the World](#)' national fundraising event providing support for people affected by cancer. FFI contact Jane Sullivan on 01364 73182 or email jane.sullivan1@gmail.com.
- Saturday 29 September 2018: Jazz Night with John Shillito's Select Four** in the **Village Hall** starting at 7.30pm (doors open at 6.45). Veteran trumpet player [John Shillito](#) and his 'Select Four': a sweet, hot and swinging quartet - a "fun-size" jazz band to put a beat in your feet and a smile on your face! Tickets: £12 in advance from [South Brent & District Caring](#) in the Old School Community centre or [artworks](#) or £15 on the door. All proceeds to [South Brent & District Caring](#). For further information email info@sbadc.org.uk or tel 01364 700282.
- Sunday 7 October 2018: Breakfast Café** from 9.30-11.30am in the [Old School Community Centre](#) run by and in aid of [South Brent Scouts](#) who will 'be prepared' to serve a good breakfast with local music in fine company. FFI please contact Jude Foster - jafoster@btinternet.com.
- Sunday 14 October 2018: The Annual Carnival Duck Race** launching ducks from **Lydia Bridge** starting at **11am**. Buy your duck in advance at £1 per duck outside the South Brent Stores / Anchor Building from 9am-12 on the preceding Saturdays. **£50 Prize** for the first duck to the Weir on the Island. Raising funds for [South Brent Floodlit Winter Carnival](#). FFI on Carnival events, contact Jean Cleave, South Brent Carnival Secretary, Middle Stidston, South Brent - email: jean@cleave.entadsl.com; tel: 01364 73292; mob: 07973 443318 or see <http://southbrentcarnival.org.uk/> or [Facebook](#).
- Saturday 20 October 2018: Autumn Céilidh** with **Half Moon Ceilidh Band** in **South Brent Village Hall** at 7.30pm (doors open 7.00pm). With: Anne Gill (caller); Andy Clarke (guitar, bouzouki) and Steve Gill (melodeons). All welcome: Reel Ale bar and nibbles available. Tickets on the door or from [artworks](#) at £8. FFI contact Eileen on 01364 73699 or email eileen.southbrentfolk@gmail.com or visit [website](#). One of a number of events organised throughout the year by [South Brent Folk](#) to support folk music in the South Brent area, including the Annual 'Twixt' Céilidh on **Thursday 27 December 2018**. See: www.southbrentfolk.org.uk.
- Saturday 27 October 2018: Annual Coffee Morning** in aid of [Arthritis Research UK](#) with home-made cakes/scones with tea or coffee from 10.00am to 12.30pm in the [Old School Community Centre](#). Sale of Christmas cards, gifts, home-made cakes, jewellery, pottery, crafts etc. For further details call Liz Hoare on 01364 72561 or email lizhoare@googlemail.com.
- Saturday 27 October 2018: Classical Concert evening** A second great classical concert evening organised by South Brent Refugee Support Network (see [above](#)) – a sell-out last year so expect a rush for tickets from [artworks](#). (More details to follow)

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- Saturday 17 November 2018: Auction of Gifts and Promises** for [South Brent & District Caring](#) at South Brent Village Hall at 7.30pm (bar & viewing from 6.30pm). The last two have been great fun and very successful. Do you have anything collectable or unique you would care to donate or something you would like to give for the sale or a promise of an activity or service you would be prepared to do for the person who bids the most for it? Contact the office on 01364 700282 or email info@sbadc.org.uk. You can make your donation or promise for the auction with a downloadable auction pledge sheet. See <http://sbadc.org.uk/>.
- Saturday 24 November 2018 South Brent Floodlit Winter Carnival** and festival of lights starting at 6.15pm at Station Bridge and finishing at Exeter Road Recreation Hall. Don't miss one of the largest parades in South Devon with some floats up to 98ft long. FFI on Carnival events, contact Jean Cleave, South Brent Carnival Secretary, Middle Stidston, South Brent - email: jean@cleave.entadsl.com; tel: 01364 73292; mob: 07973 443318 or see <http://southbrentcarnival.org.uk/> or [Facebook](#).
- Saturday 1 December 2018: Brent Singers Christmas Concert** at 7.30pm in St Petroc's Parish Church, South Brent. Programme to be announced.
- Tuesday 4 December 2018: Christmas Carnival Bingo** in aid of [South Brent Carnival Club](#) starting at 7.30pm in **South Brent Village Hall**, with a draw and light refreshments. Everyone welcome. FFI on Carnival events, contact Jean Cleave, South Brent Carnival Secretary, Middle Stidston, South Brent - email: jean@cleave.entadsl.com; Tel: 01364 73292; mob: 07973 443318 or see <http://southbrentcarnival.org.uk/> or [Facebook](#)
- Saturday 15 December 2018: Santa's Grotto** in in the [Old School Community Centre](#) in aid of [South Brent & District Caring](#). For further information email info@sbadc.org.uk or tel 01364 700282 or see <http://sbadc.org.uk/> or [Facebook](#).
- Thursday 27 December 2018: Twixt Christmas and New Year Céilidh** in **South Brent Village Hall** at 7.30pm. Chill out and enjoy the music after the Christmas festivities or dance your (new) socks off with '[Buttoned up](#)'. Doors open 7.00pm; Reel Ale bar. Tickets (which might make good Christmas presents) £7.50 from [artworks](#). Entry includes one free non alcoholic spiced berry drink. FFI: contact Eileen McKee on 01364 73699 or email: eileen.southbrentfolk@gmail.com.

A LITTLE FURTHER AFIELD BUT OF INTEREST TO BRENT FOLK – OTHER LOCAL EVENTS:

- Saturday 28 July – Saturday 25 August 2018: Dartington International Summer School & Festival.** The 70th annual Summer School and Festival of music curated by Artistic Director Joanna MacGregor. There are [courses](#) ranging from those that are open to all and happen in just one session a day, through to those that are advanced, full-time and aimed at music students and graduates. Full courses last for six days, from Sunday to Friday, with four teaching slots in the day and each course happening at the same time of day. There is a wide range of courses including classical, folk, jazz, early music, 'world' music and poetry. Courses are priced between £120 and £180. A spectacular roster of musicians of international standing come for a week or more to teach in the day and give concerts in the evenings. A programme of nearly [90 concerts](#) across four weeks is all open to the public and individual concert tickets can be booked online. [Click here](#) to download a full programme. To check availability and make a booking, phone 01803 847080. See: www.dartington.org/whats-on/programme/summer-school/.

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- **Wednesday 1 August 2018: Question and answer** session with [Dr Sarah Wollaston](#), our local MP, from 6-7pm in the upstairs Assembly Room, **Seven Stars Hotel, The Plains, Totnes TQ9 5DD** at a meeting for Totnes Constituents arranged by [Devon for Europe](#). An opportunity to hear, and talk to, the relatively independently minded Totnes MP who, having originally been in favour of withdrawing from the European Union, became a strong supporter of remaining in the EU, regularly clashes with her own Conservative party over 'Brexit', and is now advocating a '[People's Vote](#)' on the final terms for leaving the EU. FFI contact peter@devonforeurope.org or see [Facebook event](#).
- **Friday 3 – Sunday 5 August 2018: Bells in Bloom** – Church Bells and Flower Show – a festival to celebrate the return of the bells of **Ugborough Church (PL21 ONS)** after recasting. From 10.30am to 6pm daily. The [Greenwood Consort](#) will be performing on Saturday and Sunday at 2pm and 4pm. Refreshments available.
- **Saturday 4 August 2018: 71st Annual Rattery Garden Show and Sports** at [Rattery](#) Village Hall and Glebe Field. Hall opens at 2pm, sports events start at 2.30pm. Admission £1. Tea and cakes in the hall; Stalls, ice cream, lamb roast and beer tent outside. [Click here](#) to download show schedule and see classes/categories available and [Click here](#) to download entry form (visitors as well as Rattery parishioners may enter). Forms and fees (20p to all classes (except where shown) can be posted to the Show Secretary by the Thursday before the Show, or handed in at the Village Hall on the day before the Show from 7.00-8.30pm, or on Show Day from 8.30-10.00am. However, no forms are accepted after 10.00am on show day. At the end of the show there will be a produce sale table at the exit; this will be the only produce for sale.

[Ashburton Community Arts Centre](#) (The Old Methodist Church, West St, TQ13 7DT) is open regularly on Saturdays with all welcome for tea, coffee maybe some cake or biscuits, and chat with whoever's around and a programme of events, plus '[Platform Cinema](#)'. Free, fast Wi-Fi available in the building (see notice in The Lounge for details). For programme see: <http://ashburtonarts.org.uk/>; plus other regular including [Live Jazz](#) in St Laurence Chapel, Ashburton TQ13 7DD. Advance tickets (where needed) for [Ashburton Arts](#) events will be available online at on the door or in advance from Gnash Comics, West Street Ashburton, or on line at www.wegottickets.com/ashburtonarts or email boxoffice@ashburtonarts.org.uk. For more information see [Facebook page](#) and [Facebook group](#).

- **Saturday 4 August 2018: Monthly Makers' Market** from 10am to 2pm in the forecourt of [Ashburton Community Arts Centre](#) (The Old Methodist Church, West St, TQ13 7DT). The second of these markets organised for Ashburton Arts by Sylvie Nicholls, and featuring local craftspeople who produce stunning work. It'll all be out for all to see. Come have a look. Those who will be showing and selling their work this time include: Cliff Ellis – ceramics; Elizabeth Ogilvie – ceramics; Sylvie Nicholls (glass and jewellery); Jane Watts (leather & metal); Pauline Lee (ceramics); Roberta Hopkins (jewellery); Richard Shimell (prints); Andrew Spilsbury (shaker boxes); Ambrose Vevers (wood & spoon-carving demonstrations); Moorswood (textiles and wood); Me and East (collection of makers); Spencer Larcombe (metal). If you are interested in being involved in future makers markets, please email info@ashburtonarts.org.uk. **Next Markets: Saturdays 1 & 8 September.**

Other upcoming [Ashburton Arts](#) dates include:

- **Sunday 19 August 2018:** [Joanna Eden](#) in **St Lawrence Chapel** at **8pm** magical singer and inspiring pianist/musician with (guest sax from Andy Williamson). **Tickets** £13 or £10 or £6 –you choose! Advance tickets: wegottickets.com/ashburtonlive (10% booking fee added) or in person from Silver Lion Jewellers, North St, Ashburton. Or to reserve, email info@ashburtonlive.co.uk.
 - **Thursday 23 August 2018:** [Flamenco Workshop for beginners](#) with Karina Gracia from 7–9pm “Come along to try out flamenco – the passionate dance from southern Spain No experience needed and all welcome! We will go through some beginner's technique and learn a short choreography, it's a great dance form to learn and classes have a fun atmosphere. All held at the lovely Ashburton Arts Centre. Please wear a shoe or boot with a sturdy chunky heel up to 2 inch high, or if you don't have any then anything with ansolid sole (trainers, tap shoes and stilettos don't work!). Trousers or long full skirt is fine.” £15 advance £20 on day, subject to places. For bookings please contact Karina directly on danceflamenco@live.com See [Facebook](#)
 - **Friday 24 August 2018:** From America, the [Corn Potato String Band](#) at 7.30pm:
 - **Thursday 30 August 2018:** [Uli Burke](#) gives a talk (plus film) at 7.30pm about working with TB victims in North Korea.
 - **Sunday 9 September 2018:**–. [Seventh Wave Music](#) from at 7-11pm: Magical concert of sacred Japanese music with flute masters Hiroki Okano and Nigel Shaw, plus special guest Japanese musicians and dancers.
 - **Thursday 13 September 2018:** [Jacob and Drinkwater -Tobias ben Jacob and Lucas Drinkwater](#) are a fabulous young folk duo.
 - **Sunday 23 September 2018:** Babelfish – Brigitte Beraha
 - **Friday 28 September 2018:** : James and Black
 - **Sunday 7 October 2018:** Liane Carroll - return visit
 - **Friday 19 October 2018:** Robert Mitchell
 - **Saturday 20 October 2018:** Moscow Drug Club
 - **Saturday 27 October 2018:** Helen Porter Solo Constant As The World
 - **Sunday 28 October 2018:** Gin Bowlers (tbc)
 - **Friday 9 November 2018:** Ma Bessie and her Blues Troupe
 - **Saturday 1 December 2018:** Zoe Gilby 4tet
 - **Monday 3 December 2018:** Jean Toussaint 5tet
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- **Ugborough and Ermington ‘Sustainable Saturdays’:** Fortnightly from 10am to 12noon in each village throughout the year (**4 & 18 August; 1, 15 & 29 September 2018** in Ugborough Village Hall and **11 & 25 August; 8 & 22 September 2018** in Ermington Reading Rooms). Be sustainable – come and buy locally produced food and crafts and sell your own locally made products; visit the café or have a good chat (sellers within Ugborough, Ermington or neighbouring parishes, including South Brent). See <http://www.ermingtonparish.com/sustainable-saturdays> or [Facebook](#) and <http://www.ugborough.com/uss/> or [Facebook](#)
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- **Saturday 11 – Sunday 19 August 2018:** **Totnes Community Carnival** with traditional events, music and more taking place throughout the week including Children’s Fancy Dress and the fun ‘Odd Object’ Competition. Main events include:
Saturday 11 August – ‘Party in the Park’ from around 12 noon.
Saturday 18 August - the [Grand Carnival Procession](#) from 6-7.30pm.
 FFI contact Sarah - tel 07968 876571 or see: www.visittotnes.co.uk/whats-on/totnes-carnival/ or [Facebook](#).

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University of the Third Age (U3A): Monthly general meeting of the [Ivybridge U3A](#) at **The Watermark** from 2-4pm. New and potential members welcome.

- Monday 20 August 2018: 'Our Beautiful Planet'** – Speaker Peter Brooks looks at some of the wonders of our world, considers why they are so uplifting, where they all come from, and wonders what are we doing to the planet and whether it will last? Is the runaway population increase of the human species creating the 'Sixth Mass Extinction'? Is 'sustainability' complete political nonsense? A huge range of thought-provoking subjects to make you think differently about our Beautiful Planet. Subsequent [Ivybridge U3A](#) meetings:
- Monday 17 September 2018: The history and activities of the Plymouth Morris Men – John Jeffries**
Retired or no longer working full time? Keen to meet people, learn new things, have new experiences? [Ivybridge U3A](#) could be just what you are looking for! [U3A](#) provides an opportunity to make new friends and join a wide range of interest groups that combine education, creativity and leisure in a fun and friendly environment. New and potential members welcome. For further info ring the Membership Secretary on 01364 724700 or email ivybridge.u3a@gmail.com or see www.ivybridge-U3A.org.uk.
- Saturday 25 August – Sunday 2 September 2018: Dartmoor Walking Festival** - The Dartmoor Walking Festival run by '[Moorland Guides](#)' began in 2016 and as a result of its success, and supported by [Devon Air Ambulance](#), has now become an annual event. All of the many walks and events will be labelled according to the grid in the **Dartmoor 365** book by John Hayward. Check the [festival website](#) for exact details of the 365 coordinates visited. There will be several events each day during the nine-day festival ranging from modest guided strolls and children's rambles to full day walks and ambitious challenges! There really will be something for everyone including 'accessible' events for the less mobile in partnership with the 'Disabled Ramblers' Association. To download the full programme [click here](#) or visit: www.dartmoorwalkingfestival.co.uk
- Friday 31st August/Saturday 1 September 2018: The fifth [Nourish Festival](#) in Bovey Tracey.** On **Friday 31 August** the festival kicks off musically, with the brilliant **Fournier Trio** and stellar clarinetist **Peter Whyman** at 7.30pm in the Parish Church (cost £22/£5 under 18). On **Saturday 1 September**, the main street will be overflowing with craft, food and music events from 10 until 5. With great **West Country food producers** along with a mouth-watering selection of street food vendors there's no need to go hungry! **A mini craft festival** featuring some of the region's best makers will take place in the Methodist Hall just around the corner on Le Mollay-Littry Way. The second **Nourish Gin Festival** will take place in and around the Dartmoor Whisky Distillery at the top of town. Also see how the **Bovey Paradiso** team are getting on with their plan to create a cinema just across the road. Saturday lunchtime at 1pm sees the extraordinary **English Bagpipe Orchestra** and **Zephyrus** playing in the Baptist Church (cost £10/£5 under 18), before guitar and flute duo **Craig Ogden and Judith Hall** bring the festival's curtain down in the evening at 7.30pm (Cost £18/£5 under 18). Tickets from [Devon Guild of Craftsmen](#) or on-line. For full details, see: www.nourishfestival.org/.
- Saturday 1 September 2018: 'Three Acres and a Cow':** Fundraising theatrical performance in the United Free Church, Fore Street, Totnes. Doors open at **6.30pm**. [Three Acres & A Cow](#) is the story of the UK's land rights, housing and food. It connects the Norman Conquest and Peasants' Revolt with Brexit, fracking and our housing crisis via the Enclosures, English Civil War, Irish Land League and Industrial Revolution. The show draws a compelling narrative through the people's history of England in folk song, story and poem. "Part TED talk, part history lecture, part folk club sing-a-long, part poetry slam, part storytelling session - Come and share in these tales as they have been shared for generations". Featuring Katherine Hallewell & Roo Bramley. [Click here](#) to buy tickets or buy at 'Nature's way' in The Plains, Totnes. See <https://threeacresandacow.co.uk/>. Raising funds for the '[Forking Local Food Festival](#)' on **Saturday 22 September** (see [below](#)).

- Friday 14th September – Friday 5 October 2018:** - **Daphne's Daughters Art Exhibition** at Jellyfish Community Arts Hub in Buckfastleigh (next to the Town Hall). Sylvee, Kat, Lynny and Chrissie's artwork from abstract to reality, all created with flair and passion, will be on display. Some paintings depict scenes from childhood memories growing up on the farm while others are drawn from imagination. The exhibition is a celebration of their artistic talent as well as a tribute to their wonderfully creative, inspirational Mother. **Opening event from 1-6pm on Friday 14th September.**
- Friday 21 September 2018:** **Geoff Lakeman** plus special guest Em Marshall at 7.30pm in [Ashburton Community Arts Centre](#) (The Old Methodist Church, West St, TQ13 7DT). [The Whitehouse Sessions](#) present a fantastic evening of songs and music starring [Geoff Lakeman](#), a Cornishman who has lived on Dartmoor for 40 years, a stalwart of the West Country folk scene and the father of a folk dynasty. (Sean, Sam and Seth Lakeman). He performs self-written and West Country songs, English, Irish and Scottish folk and other music and is a leading exponent of the rare Crane Duet concertina. His debut album 'After All These Years' with a stellar line up of musical family and friends, was released last year. Em Marshall is a Devon based singer-songwriter and guitarist performing her own material alongside arrangements of traditional songs. Tickets are £10/£8 advance and £12 on the door from www.wegotickets.com/event/443998 or call Katie Whitehouse 07832 200980.
- Saturday 22 September 2018: 'Forking Local Food Festival'** from 11am- 4pm on Vire Island, Totnes. A celebration of delicious locally produced food and drink. Including: Mad Hatters Tea Party; Farmers market stalls; Suitcase stalls for micro-businesses; Foodie arts & crafts for kids and kids at heart; Community Apple Pressing and much more. Free entry. See www.totnes10.org/
- Thursday 27 - Saturday 29 September 2018:** [MED Theatre](#) presents **Stapledon** at 7.30pm in St Andrews Church, Ashburton. A community play for Ashburton, based on the life of Walter Stapledon, Bishop of Exeter and High Treasurer of England under Edward II. As a great famine sweeps across the land, should Stapledon prioritise his high position beside the King, or the lives of his Devon countrymen and women? The play charts Stapledon's life – from his humble origins coming in a North Devon farming family, through his meteoric rise in the church and politics to become the King's treasurer and most trusted diplomat to his murder by a London mob in 1326. Tickets at £8 / £5 children under 16, available [online](#). See www.medtheatre.co.uk/ or www.dartmoorresource.org.uk.
- Friday 28 and Saturday 29 September 2018:** [Hydrosapien](#). A celebration of our oceans, seas, rivers and all watery places produced by local artist **Laura Denning**. Two live performances in Plymouth bring a Silent Choir (using sign language (BSL)) and a duet of experimental voice artists (Iris Garrelfs & Joseph Kohlmaier) to present a 30 minute event. The work aims to push the boundaries of how sound can be understood, whilst performing an adaptation of an essay entitled 'Hydrofeminism' (Astrida Neimanis 2012) as well as seeking new ways to engage people in broad environmental issues. The **Friday** performance is at **6pm** at **Plymouth Guildhall** and the **Saturday** performance is at **2pm** on **Barbican Wharf**. Both are free and all are welcome. Laura has teamed up with members of Plymouths' D/deaf communities, hearing communities, conventional choirs and members of the public to create this choir. People new to BSL, learners and those who use it everyday are learning a short poem together, with the help of a specially commissioned video tutorial, and BSL interpreters. You can join this choir! More information here: <https://hydrosapien.weebly.com/>

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- Friday 28 and Saturday 29 September 2018** [*postponed from 24/25 July 2018*]: **Two Day Animation Workshop** from 11am to 4.30pm in [Ashburton Community Arts Centre](#) (The Old Methodist Church, West St, TQ13 7DT) facilitated by the [Platform Cinema](#) Team. It is a collaborative project, building a team of creators to make a mini stop-motion film as the end product. On day 1 we discuss plot, make storyboard, simple set and figures/characters and scenery using plasticine and found objects. On day 2 the focus is on filming, the set is finalised and creators are involved in moving characters between shots. The course is aimed at anyone who would be interested in being a stop-motion film creator. No one is too old, however under 11's must be with an adult who will be expected to participate. All places £20 - Prior booking essential. Tickets available at Gnash Bookshop, Ashburton. Hot drinks will be available, bring your own lunch. Organised by Audrey Ryder, from whom, more details and to book – dartsculpture@btinternet.com.
- Sunday 30 September 2018: Totnes Raft Race** known as 'The River Dart Struggle' takes place along the river Dart starting at Dart Bridge Meadow, Buckfastleigh and finishing at Vire Island, Totnes, a distance of approximately 13kms. Rafts will be launched in arrival order at approximately 1 minute intervals from **8.30am**. The route includes white water, three fast flowing weirs and other obstacles to negotiate and calmer stretches. At certain points on the course, teams may have to pull, push or carry the rafts. An ideal team building exercise with a difference; each team must make their own raft out of a restricted list of approved materials. A record number of 51 teams, raising money for a wide range of charities took part last year. Crews from two to ten per raft, all male, all female or mixed, over the age of 18 can take part in the exciting struggle. All rafters who complete the course will receive a medal and prizes will be presented in various classes for the fastest teams, most charity sponsorship raised, best fancy dress etc. Apart from the finish, recommended viewing points are Staverton Bridge, Dartington Estate, Austin's bridge (*limited road parking*); Riverford bridge (*limited road parking*). Come and cheer the rafters as they near the finish and enjoy the Raft Race Fair from **11.00am-4.00pm** on Vire Island with Hog Roast, live music, entertainment, refreshments and rafts progress chart. See: <http://www.totnesrafttrace.co.uk/>.
- Friday 5 October 2018: Carnival Dance and Supper** with music from **John Westlake** starting at 7.30pm in **Rattery Village Hall**. Tickets in aid of [South Brent Carnival Club](#): £7.50p, including a light supper and a draw; bring your own drinks. For tickets or information on Carnival events, contact Jean Cleave, South Brent Carnival Secretary, Middle Stidston, South Brent - email: jean@cleave.entadsl.com; Tel: 01364 73292; mob: 07973 443318 or see <http://southbrentcarnival.org.uk/> or [Facebook](#).

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REGULAR CLASSES AND SESSIONS IN SOUTH BRENT:

- [Wild Harmony](#)

Wild Harmony is on a summer break and for the **Autumn term 2018**, will be led by **Fran André**, while [Emily Roblyn](#) takes a much-needed and well-earned break:

Friday 7 September
Friday 21 September
Friday 5 October
Friday 19 October
Friday 2 November
Friday 16 November
Friday 30 November
Friday 14 December

£5.00 per session; **£35** in advance for the Autumn term.

Fran André is passionate about bringing voices together in glorious harmony and encouraging a heartfelt, connected and celebratory group singing experience. She also currently leads 'Jubilation!' choir in Totnes, a workplace choir at the Steiner Academy Exeter, teaches on the Rise Up singing camp, and works with other local choir leaders under the name 'Harmony Singing Days Devon' to create joyous en masse singing experiences for all.

The Friday sessions are 8.00pm until 10.00pm at Millswood Cottage, South Brent.

[Wild Harmony](#) is a small, friendly community choir, which meets regularly (usually fortnightly during term time) in South Brent to share the fun of singing together and learning songs and harmonies from all parts of the world. All are welcome – there is no audition and no requirement to read music as most of the songs are taught by ear.

You can hear some Wild Harmony songs on the website: <http://wildharmony.org.uk> or [Click here](#) to 'listen again' to a feature about **Wild Harmony** from the 7 December 2013 broadcast of [South Brent Community Radio](#). Please email J.Rawlinson@plymouth.ac.uk or ring John on 01364 73117 for more information or if you would like to be on the Wild Harmony mailing list.

- [Brent Singers](#) rehearse every **Monday** during term time from 7:30-9.30pm in the main hall at the **Old School Centre**. New singers [welcome](#) - it is non-auditioning choir whose members have a wide range of experience and ability, but regular commitment is essential. Enquiries by email to the Secretary, Barbara Wintersgill at barwintersgill@gmail.com or see www.brentsingers.org.uk/ if interested. Brent Singers next performance will be their [Christmas Concert](#) on 8 December.
- **'Spinning Tots'** from 10-10.45am on **Fridays** in the [Old School Community Centre](#): Creative and playful movement classes for 2-5 year olds and their grown-ups using music, stories, props and themes. To: inspire creative thinking and imagination; increase body awareness and movement skills; encourage self-expression; explore ideas in a relaxed and safe environment. For further information contact Jude at spinningtotsdance@gmail.com or see [Facebook – SpinningTotsdance](#).
- **NEW: Sweeney Toddlers:** A new interactive parent/toddler group is coming to South Brent this Autumn. Sweeney Toddlers will be at the [Old School Community Centre](#) on Tuesday mornings from 10am to 12 noon, starting on **Tuesday 4 September**. No need to book, just come along and join the fun! Suggested donation £2 per family. For more information, please contact Viv Sweeney on 07540 869840 email: sweeneytoddlers2018@gmail.com or see [Facebook - sweeneytoddlers2018](#).

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- **Weekly Drama Club:** playful and imaginative workshops for children and young people. Learn performance skills, challenge your creative powers, play games, develop creativity; with devised and scripted performances plus space for spontaneity. Term time only:
 - on **Thursdays** at **5.30-6.30pm** in **South Brent Village Hall** for children **age 6-11**; **£3** per workshop.
 Other local Totnes Young People's Theatre workshops:
 - on **Tuesdays** at **5-6pm** in **Buckfastleigh Town Hall** (Room 3 downstairs) for children **age 6-11**; **£4**.
 - on **Wednesdays** at **3.30-5pm** in **Room 25, Ariel Centre, KEVICC, Totnes** for **KEVICC students age 11-13**; **£5**.
 - on **Wednesdays** at **5.30-7pm** at **The Hex Studio, Dartington** for young people **age 11-13**; **£5**.
 - on **Wednesdays** at **7-8.30pm** at **The Hex Studio, Dartington** for young people **age 13+**; **£5**.
 All staff have enhanced DBS checks and Public Liability Insurance.
 Lottery Funded. FFI: Tiffany Strawson, 07760 177751 or email devontheatreclub@gmail.com.

- [South Devon Rethink Mental Illness Help and Hope Network](#) meets in a variety of locations across South Devon including **South Brent COOL** at the **Packhorse Inn** on the **Last Thursday** of the month from **10am to 12.00**, for people to share experiences, seek information, interact socially & make new friends. A warm welcome awaits you - group meetings provide support & information for anyone affected by mental ill health, including families & friends who might otherwise feel alone or isolated. For more information please contact: Tel: 07756 965814 or email helpandhope@rethink.org.

- **'Messy Church'** on the **third Saturday of every month** at **4.30-6.30pm** in the [Old School Community Centre](#). Lots of great crafts, celebration time and food; a fun time for adults and children (if you are a child you will need to bring an adult with you!). Come and give it a try. Entrance free. Co-ordinators Barbara and Rob Brighthouse - tel. 01364 649 179 or email sbmessychurch@yahoo.com. See www.messychurch.org.uk.

- **'Open House': Churches Together in South Brent** invite you to join them for tea or coffee every **Tuesday from 10.00-11.00am** in the School room behind the Methodist Hall. No charge. Everyone welcome.

- **'South Brent Walk & Talk' / 'Walking for Health'**
Free and Friendly 'Easy Access' 'Grade 1' walks. Every **Wednesday** at **10.30am**. Meet at the [Old School Community Centre](#). These walks are a great way to become more active if you don't usually walk or if you have been unwell or have limited mobility. They are suitable for people who would like some support to get back to walking again or maybe just would prefer to walk with others. The walks usually last **30 minutes** and are on firm, level surfaces and so are perfect for wheelchair users or people with walking aids. Led by a trained walk leader, the walks take up to **30 minutes**, are free and you are welcome to stop afterwards for a tea or coffee in the Old School Community Centre, which cost about 50p. We are a very friendly group of leaders and participants and would welcome new walkers or people who would like to become walk leaders. **No booking required – just turn up.**

Weekly Friday afternoon 'Grade 3' walks. Meet **outside the newsagent at 2.30pm**. "Come and join our friendly group and enjoy regular, free, healthy walks (60-90 minutes) on roads and footpaths in and around South Brent. After the walk we stop for a cup of tea or coffee." The Friday **'Grade 3'**, walks are the more challenging grade, lasting for **60-90 minutes** using a variety of footpaths, roads and tracks, some of which may be uneven, muddy and slippery or involve steps, inclines and stiles. They are suitable for those who do a certain amount of physical activity but who wish to improve their general fitness.

For more information on both levels of walk contact sbwalk4health@gmail.com, phone 01364 700282 or see: <http://sbwalk4health.btck.co.uk/>. 'Walk and Talk' is an accredited scheme under the national **'Walking for Health'** programme.

[South Brent & District Caring](#) at the [Old School Community Centre](#):

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- **Activity Coffee mornings** fortnightly on Mondays (13 August; 3 & 17 September) from **10.30am – 12.00noon**, are very much appreciated by people who don't get a lot of social contact and who love a chat, a game of something and a cuppa. Do drop in if you're passing – it's a good way to get a feel for some of the work SB&DC does.
- **Lunch Club** fortnightly on **Mondays** (6 & 20 August; 10 & 24 September - alternating with the coffee mornings) from 12.00-1.15pm providing lunch and company at a cost of £3.50. FFI contact Mandy Haley in the Old School or phone 01364 700282; email info@sbadc.org.uk.
- **South Brent & District Caring** are now hosting a **Memory Café** and **Carer's Support Group** twice a month in the [Old School Community Centre](#), offering dementia information, support and structured activities for local people affected by dementia on the **1st and 3rd Tuesday** afternoons from **2-4pm**. *Everyone is welcome:*

The **Memory Cafe** is an activities-based group for adults who are being cared for and is open to anyone, not just those who have been diagnosed with Dementia.

The **Carers' Support Group** runs alongside the memory Café and is open to anyone who is caring for a relative/friend for whatever reason. The support group will be the chance for carers to meet others who are in a similar position to themselves, to exchange stories and ideas and gain more information on what help is available to them. All of this whilst enjoying a tea or coffee.

Volunteers are needed to help with all these activities (e.g. to set up/clear away, or to chat and play games etc.) – please contact Mandy, Viv or Jane on 01364 700282 or email info@sbadc.org.uk if you can help or know anyone who can, or if you would like to become a member of [South Brent & District Caring](#) (£10 per year). Also please visit the website: <http://sbadc.org.uk/> or [Facebook](#).

- **Community Library Book Group** This group meets on the 2nd Thursday of the month, at 7.30pm in the Old School Centre. All welcome. New members, for further details contact Derith Taberner, 01364 73852 or southbrentbookgroup@gmail.com. Please note that, **South Brent Community Library** afternoon opening hours are now 2-4pm.

- **Old School Community Centre Corridor Gallery:**

August: South Brent Folk – Dartmoor Poems (continued)

September: Zoe Richards Digital Photography

October: South Brent Primary School Art

November: Caroline Evans and students

December: tbc.

February 2019: Sustainable South Brent – New Plastics Group

- **Meditation Group:** meeting every Wednesday at 7.30pm at Mogador in Didworthy. We are a small friendly non-denominational meditation group. Whether you practice a particular type of meditation or would like to try meditation, all are welcome. Contact Bill Vennells by email at billvennells@hotmail.com or ring 07482 191207.
- **Monday afternoon Tea Dances** 1.30-5.00pm in **South Brent Village Hall**. All levels and new members are welcome. FFI contact Margaret Eales on 01364 72001 or see posters in the village.
- **Fest Noz: Breton and French Dance night with Poisson Rouge**, on the 1st Friday of the month, 8pm-11pm Palstone Recreation Room. All welcome; lots of fun - no previous experience necessary - easy to pick up the steps as you go along. £4.00 on the door includes tea/coffee & biccies. Bring your own wine/beer. Tel: Louise on: 01364 649227 for more info.

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- **5 Rhythms dance** drop in class in South Brent Village Hall on Monday mornings from 9.45 to 12.00. Whatever age or fitness ability, no experience necessary. 'Delightful drop-in'; Cost: £11 / £10/£9 sliding scale concession. For more info call Kay Chambers on 01803 812584 or email kaydancedelicious@hotmail.com.
- **Drop-in Kitchen Table Art Workshops** at Stockbridge Cottage, South Brent on Wednesdays 10.30am-12.30pm. Restarted for the autumn term and open to anyone of any level interested in making beautiful mixed media pictures in a creative environment with professional artist and experienced teacher. Novices always welcome. Free materials, coffee/tea & cake. For a peak at the sort of things we could get up to, see www.saradownhamlotto.net/students-work-2016-blog/; £10 per drop-in session. Contact: [Sara Downham-Lotto](mailto:info@saradownhamlotto.net) on 01364 72728/ email: info@saradownhamlotto.net. Also contact Sara about the **Arts Lab Dartington**, for further workshops and creative engagement for young people working with professional artists or see www.arts-lab.co.uk.
- **Life Drawing Classes** with [Isabel Coulton](http://www.isabelcoulton.com) presenting a contemporary feel to life drawing – Isabel Coulton is an accomplished artist, woodcarver and stone carver based in South Brent and has been living and teaching life drawing in Devon for many years. The aim of the classes is to develop individual style and personal expression as, through imaginative styling, composition and consideration, surreal scenes are created for the figure. If you would like to join a class or for more information, please contact Isabel on 01364 73120 or 07920714387 or email info@isabelcoulton.com. See www.isabelcoulton.com.
- **Wood carving** classes need viable numbers to run. Please contact Isabel if you are interested on 01364 73120 or email info@isabelcoulton.com. See www.isabelcoulton.com.
- **Watercolour painting:** with [Louise Bougourd](http://www.louise-bougourd.com/) - weekly classes on Tuesday mornings 10am - 12.30pm in South Brent Old School Community Centre. £10.00 per class. To book a place or find out more contact Louise: Tel: 01626 203859 or email louisebougourd@hotmail.co.uk. See new website: <http://www.louise-bougourd.com/>
- **Yoga Classes:**
In the Village Hall with Liz Turner, who has now taken over classes run by Paula Jones:
Monday: 10.00 to 11.30am A gentle class including breathing practices, gentle warm-ups, modified postures suited to everyone's needs, plenty relaxation & short meditation. Suitable for seniors or those with less energy. £7.
Wednesday: 10.15 to 11.45am A gentle class, similar to Monday's but with some chair yoga too. Suitable for seniors or those with less energy. £7
4.30-5.30pm Children's yoga & mindfulness. A fun approach to yoga which includes games, fun themes & mindfulness exercises. Suitable for ages 6-11. £5/4.50 for block.
Yoga can help give children a health head start in life
Wednesday: 6.45 to 8.15 pm Mixed ability class – Vinyasa Krama - breathing practices, postures, sequences, relaxation & short meditation. Suitable beginners/experienced.
 Cost for South Brent classes: £7 drop-in/£6.50 on Wednesday evenings for a block of 6 classes over 2 months.
Yoga at Shipley Close now also with **Liz Turner:**
Thursday: 3.30 -4.15pm Chair yoga for the elderly
 45 minutes of movement, breathing and relaxation with music and games. Followed by conversation. Cost: £3.
A friendly & social group, open to all! - Not just for people who live in Shipley Close. Could you or a relative or friend benefit from very gentle chair yoga – moving joints & muscles, calming breathing?
 Contact Liz Turner on 07765 631877 or email liz@intoyogaandnature.co.uk or see www.intoyogaandnature.co.uk.

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- **Hatha Yoga** with Netha Islam on **Monday evenings** at 6.45 - 8.15pm at [Bala Brook](#) (TQ10 9ED between Didworthy and Shipley Bridge). Strong deeply effective stretches for body & mind vitality, unwinding and accessing natural health & joy. £7 per session. For more information contact Netha at nethaislam@hotmail.com.
- **Pilates Classes** with Andy West weekly on **Wednesdays** in **South Brent Village Hall**. Fully qualified and experienced instructor - [Pilates Foundation](#).:
 - 9.30 - 11.00am**: Class suitable for beginner and intermediate levels
 - 11.15am to 12.15pm** 'Pilates for the over 60's': gentle class, suitable for beginners
 Please contact Andy before attending the class on 07976912909; email: westieandos@yahoo.co.uk
- **New Pilates Class** with Tish England on **Thursdays** from **7.45-8.45 pm** in **South Brent Village Hall**. Four-week **Summer block: 9; 16; 23; 30 August**; six-week **Autumn block: 13; 20; 27 October; 4; 11; 18 October**. Tish is a [Body Control Pilates](#) matwork instructor offering safe effective small group sessions which focus on teaching you to move more efficiently and become stronger and more flexible in everyday life. Classes limited to 12 students; mats and equipment provided. £36 for 4-week block; £54 for 6-week block (£9 per class). **Pre-booking essential** –call or email Tish to find out more and book a place. Tel: 07534 055271; email: tish@flo-mo.co.uk.
- **South Brent Runners**: Runs starting outside 'The Rowan Tree' at 6.30pm every Wednesday evening, organised by Alison and Dave Engledew. Free, all abilities welcome, including beginners, in a friendly, social and supportive environment within which people can improve their fitness, achieve their goals and make new friends. If you are interested in coming along, or would like to find out more, please contact Alison at alisonengledew@gmail.com or visit the 'South Brent Runners' Facebook page www.facebook.com/groups/158100328214012/.
- **Wadoryu Karate Classes**: at the [Old School Community Centre](#) on **Tuesdays** from **6.30-8.30pm**. Club Instructor is Adel Gibson Sensei (3rd Dan) and Chief Instructor is Graham Chuck Renshi (7th Dan). £5 for adults, £4 for juniors (10+). For more information call 07766 750599 or see www.wadokenkyukai.weebly.com/.
- **Children's Martial Arts: Little P.U.M.A.s** on **Wednesdays** from **4.45-5.30pm** in **South Brent Village Hall**; A bite size Martial Arts programme for 4-7 year olds, helping them to learn confidence, focus, respect, self-discipline, co-ordination whilst having fun! Class numbers are limited to ensure quality learning and instruction. Please contact Tamzin Goodwin on 0845 6001967 or 07970 520078 or email tamzingoodwin@sky.com to reserve your child's place. See: www.goodwinmartialarts.com or [Facebook](#).

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- **[South Brent Recreation Association](#)**, Palstone Park, Exeter Road South Brent
 - **Table-Tennis:** on **Tuesdays**; Beginners session 9.30 -10.30am and more advanced players 7.30-8.30pm. £1.50 per person. Two tables available with bats provided.
 - Every other **Wednesday** 7.30 – 9.00pm **Cash Bingo** at the **Recreation Ground Pavilion**. Doors open from 7pm; 'Eyes down' at 7.30pm. Everybody welcome; teas and refreshments available. For further information contact Avril Kelly on 01364 73476, or email avrilkelly@spxservices.co.uk.
 - **Other groups** using the Rec. include: **South Brent Judo, Football, Cricket; Tennis Coaching, Brownies, Breton Dance, Carnival Club**; [Click here](#) for relevant contacts.
 - **Pavilion Hire:** the hall is available for hire at £7 per hour plus £5 for kitchen. We are particularly keen to have more daytime bookings. Call Anne on 01364 72223 or email: nichollsbennie2@gmail.com to book.
 - The Rec. now has a **Monthly Fundraising Lottery**. Pay £1 a month for 12 months = £12 a year. [Click here](#) to see the options and to complete an entry form.
 - **Monthly Lottery** Pay £1 a month for 12 months = £12 a year. 50% will go in prizes and 50% will help maintain the facilities at Palstone Park Recreation Ground. You can join online at southbrentrecreationassociation.weebly.com/fundraising Forms also available around the village, or call Anne on 01364 72223 or email: nichollsbennie2@gmail.com.
 - **NB. The Rec** been selected by the Co-op as one of the recipients of the Co-op Community Fund. Register The Rec as your nominated charity by visiting www.coop.co.uk/membership (See [below](#)). We are currently trying to raise money to continue the footpath around the Rec.

We need more help to run the Rec.! If you can help, please contact Anne Nicholls on 01364 72223 / email: nichollsbennie2@gmail.com or Peter Kelly on 01364 73476 / email: peterkelly@spxservices.co.uk. See the website for further information and hiring details southbrentrecreationassociation.weebly.com/.
- **[South Brent Cricket Club](#)** The club warmly welcomes anyone who is interested in playing either league or friendly cricket. Enthusiasm and commitment are all you need! If you would like to register an interest in the club then please use the [club contact form](#) or you are always welcome to turn up to any of our practice sessions. All abilities and levels are welcome and the club also has a youth section. Please visit the club's website southbrentcricketclub.weebly.com/ for information about winter activities and contact details, or email southbrentcricketclub@gmail.com or text 07956 762052.

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- **VILLAGE PUBS - Regular weekly events at the village pubs:**

- **[The Oak](#)**

Under the management of Carol and Andrew Dorée

'Folk at the Oak' Folk music session – every Wednesday for adults from 8.30pm(ish);

'Young Folk at the Oak' - 7.30-8.30pm on alternate Wednesdays in term time encouraging young people to learn and enjoy playing music and singing together. New musicians and audience welcome!!

FFI: Caroline and Steve on 01364 73490.

Traditional Folk at the Oak – Traditional music and song on the third Thursday of the month from 8.00pm(ish). FFI Mick Bramich on 01364 649339.

First Thursday of the month – **General Knowledge quiz** at 8pm with Graham 'legend in his own lunchtime' Jordan.

Wednesday: Tai Budo kick boxing - upstairs 6.30 – 8.00pm. FFI: 07956 963223. Due to requests for another session, kick boxing is now also on **Sundays** 3.30-5.00pm.

***Last Saturday** of the month - **Music Quiz** at 9.00pm with the Chuckster.

For more information contact Carol or Andrew Dorée (01364 72133) or email info@oakonline.net or see The Oak on [Facebook](#) or www.oakonline.net.

- **[Pack Horse Inn](#)**

Currently under the management of Marian and Steve Finch

Every **Sunday**: a free to enter **Quiz night** starting at 9.30 with is a rolling rota of quiz masters so each one is different.

Tuesdays is **Pizza Night**: our popular homemade pizza - buy one 9" and get one half price

2nd and 4th Tuesdays of each month: **Mixed folk session** - mainly a song session/'sing around' from around 8.30pm on the - Contact Eileen on 01364 73699 eileen.southbrentfolk@gmail.com

Wednesday is **Board Game night**: come along and meet up with like-minded people to enjoy a game.

Monthly Poker night: for those who would like to have a go

For events at the **Pack Horse** ring 01364 72283 for more information.

See website www.thepackhorse.co.uk and [Facebook](#) page

- **[The Avon Inn at Avonwick](#)**

Under the management of Mark and Claire. Traditional British pub serving Devon Real Ales, draft ciders, lagers, fine wines and good food. Weekly **Quiz Night** at 8pm on **Mondays** with different quizmasters each week. FFI call 01364 73475.

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NEWS NEWS and some old/ongoing NEWS

- **Free IT skills sessions** are restarting after the summer – come and get your computer and phone problems sorted out and questions answered – every **second Thursday** between **7-9pm** in the [Old School Community Centre](#). Bring your computer/phone – Bring your questions. Explore, play, discover and build your confidence – all with the support and help of a group of experts (these are not formal, structured lessons). For all levels – beginners to experienced users. Come to one session or many. Free, but donations welcome. The first two sessions are **Thursday 13 September** and **Thursday 27 September 2018**. For further information see www.itsorted.org.uk/southbrent/.
- **Co-op Community Fund:** Three local causes have been selected as recipients of the Co-op Community Fund until **October 2018**. If you are a Co-op [member](#), every time you shop, 1% of what you spend on selected own-brand products and services goes to the local community fund. The money raised, together with money from shopping bag sales, helps fund projects in the local area. New causes are chosen every 12 months and then you can [choose](#) which cause you want your own 1% to go to. Please register and encourage others to register for one of our local causes as your nominated charity by visiting www.coop.co.uk/membership:
 - [South Brent & District Caring](#) for more information about SB&DC visit sbadc.org.uk/and to vote see membership.coop.co.uk/causes/12342
 - The [Old School Community Centre](#) for more information about the Old School visit www.theoldschool.org.uk/ and to vote see membership.coop.co.uk/causes/15954
 - [Palstone Park Recreation Ground](#) for more information about South Brent Recreation Association visit southbrentrecreationassociation.weebly.com/ and to vote see membership.coop.co.uk/causes/13441

That's all folks!

'What's on in Brent' is collated by [John Rawlinson](#) with the aim of supporting local events and letting people know what is going on in the village. It is continuously updated and is available as a .pdf version to be accessed or downloaded at any time on line - [CLICK HERE](#). Alternatively, you can access it on the [SSB](#) website via the 'EVENTS' menu tab - click on 'What's on in South Brent' under 'LOCAL EVENTS'. Events from 'What's on' are also shown in the 'What's on diary' on the [South Brent Community website](#) in an easy to use, colour coded events calendar - Click 'What's on diary' on the left-hand menu.

The monthly 'What's on' email distribution is now by 'MailChimp'. This makes management of the mailouts easier and continues to protect the email addresses of recipients. Recipients from the previous distribution lists were transferred to the MailChimp list, but can easily 'unsubscribe'. There are currently **548** recipients. Email John if you're not on the list but would like to be added.

Email us at J.Rawlinson@plymouth.ac.uk with information about events that you are organising or hear about in or around the village and locality. Please let us know as early as you can and before the 25th of the month preceding the event to be included in the mailout. Be as brief as possible and include venue, times, ticket price, the charity if it is a charity event, contact details etc.. (Please note we don't attach posters to the mailout).

If you are planning an event, please check that your event doesn't clash with another village event by looking at the 'What's on diary' as above. If you have an event arranged, please check that it is listed on the community website '[What's on diary](#)' correctly. *If you run a regular class or sessional activity, please review your entry in the '[Activities](#)' section of the website.* If anything needs updating, please let [John Shepherd](#), the webmaster, know. You can also click on 'Contact us' on the left-hand menu and complete the form there with any new items or email John (john.shepherd@southbrent.org.uk). **Please** let us know if any advertised events are **cancelled**.

Thank you, John Rawlinson